

There's
nothing
sacred about
Corporate
Tobacco.

Call
TODAY

I will *not* be

DECEIVED

by Corporate
Tobacco
Companies

Monday – Thursday
7 a.m. – 9 p.m.

Friday
7 a.m. – 7 p.m.

Saturday – Sunday
8 a.m. – 4:30 p.m.

We have 24-hour voicemail,
so please leave us a message.
We will call you back!

FREE SERVICE.
FREE CALL.

I-800-QUIT-NOW

MONTANA TOBACCO

QUIT *LINE*
1-800-QUIT-NOW

Montana Tobacco Use Prevention Program
Department of Public Health & Human Services



MONTANA TOBACCO

QUIT *LINE*
1-800-QUIT-NOW

Get the Help
You Need to Quit

Tobacco companies take advantage of your traditional use of tobacco to promote their manmade addictive and toxic products.

Traditional tobacco has a special meaning to Natives. But, commercial tobacco, the tobacco products made by tobacco companies, is not the same. It is highly addictive – and deadly.

But there is help:

The Montana Tobacco Quit Line.

The Montana Tobacco Quit Line service also provides the following:

- A **FREE** telephone service for all Montanans
- A **FREE** personalized quit plan
- **FREE** cessation coaching
- **FREE** nicotine replacement therapy (*available for qualified individuals over 18 who are enrolled in the program*)
- **FREE** educational materials for friends and family members of tobacco users
- Additional cessation medications available at a reduced cost

The Tobacco Quit Line is a **FREE** program designed to help you fight your addiction. The trained staff offers culturally appropriate services for American Indians. They understand the difference between traditional tobacco use and the use of commercial tobacco.

The Tobacco Quit Line has qualified Quit Coaches, who specialize in teen smoking, spit tobacco, smoking during pregnancy and tobacco related illnesses, such as asthma and heart disease. They will develop an individualized quit plan that will work for you.

I will *not* be
MANIPULATED

I will *not* be
EXPLOITED